

DANCE ABOVE THE RAINBOW

Ronan Hardiman

Intermediate Level Line
Celtic – Moderate Speed

Music: Feet of Flames

Choreo: Lorrie Swift, #208, 262 Kinney Ave, Penticton, B.C. V2A 3N9

Wait 16 Beats Start Left Foot Sequence: A-B-C-Break-A-B-D-E

PART A (32 beats)

(4) 1 Heel Rock

L	Ds	St	St	St
R	H(wt)	R	H(wt)	
	&1 & 2	& 3	& 4	

(4) 1 Triple

L	Ds	R	
R	Ds	Ds	St
	&1 & 2	& 3	& 4

Repeat all the above same footwork, then do:

(8) 2 Touch Pigeon

L	Ds	H	H(out)	H(in)	Lift
R	T Tch	Dt	H(out)	H(in)	Sl
	&1 &	2	& 3	&	4

(8) 2 Crossover Tap Back

L	Ds	H	H	H
R	Dt(xf)	Dt(ux)	T tch(b)	
	&1 &	2	& 3	& 4

Part B(32 BEATS)

(4) 1 Flange

L	Ds(xf)	Break	St	St
R	Break	St	Break	R
	&1	2	3	& 4

(4) 1 Triple (1/4 L)

L	Ds	R(1/4L)	
R	Ds	Ds	S

PART C(32 beats)

(8) 1 High Horse

L	Ds	H	H	Ba	Lift	Ds	R
R	Dt(xf)	Dt(ux)	Ba	Ba	Sl	Ds	St
	&1 &	2	& 3	& 4	& 5	& 6	& 7&8

(4) Pushoff Left

L	Ds	S(os)	St(os)	St(os)
R	R	R	R	
	&1 & 2	& 3	& 4	

(4) Pushoff Right

(8) 1 High Horse

(8) 4 Hop Cross Touch

L	Hop	H	Tch(xf)	Hop	H	Tch(xf)		
R	Tch(xf)	Hop	H	Tch(xf)	Hop	H		
	1	& 2	3	& 4	5	& 6	7	& 8

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BREAK(32 beats)

- (8) 1 Fisher Step
- | | | | | | | |
|---|--------|-----------|---------|-----------|----|-------|
| L | Ds | H | Tch(os) | Toe H(xf) | H | R |
| R | Dt(xf) | Toe H(xf) | H | Tch(os) | Ds | S |
| | &1 &2 | &3 & | 4 | &5 & | 6 | &7 &8 |
- (4) 2 Reverse Flea Flickers
- | | | | |
|---|--------|--------|-------|
| L | Dt(xf) | Ds | H |
| R | H | Dt(xf) | Ds |
| | &1 | &2 | &3 &4 |
- (4) 1 Fancy Double
- | | | | |
|---|-------|----|----|
| L | Ds | R | R |
| R | Ds | St | St |
| | &1 &2 | &3 | &4 |

Repeat All Part A: Heel Rock, Triple, Heel Rock, Triple, 2 Touch Pigeons, 2 Crossover Tap Back

Repeat All Part B: 4 Flange Turn & triple

PART D(32beats)

- (8) 4 Triple Sequence
- | | | | | | | |
|---|------------|--------|------|----|----|---|
| L | Ds | Ds | S | Ds | Dt | R |
| | Ds | Dt R | Ds | Ds | | S |
| | &1&2&3@&@4 | &5&6&7 | @&@8 | | | |

PART E(48beats)

- (4) 2 Irish Basics
- | | | | | | |
|---|-------|-------|--------|-----|-------|
| L | St | Hop | Sto(f) | Dt | St(b) |
| R | Dt | St(b) | St | Hop | |
| | 1 @&@ | 2 & | 3 @&@ | 4 | |
- (4) 1 Irish Triple
- | | | | | | |
|---|--------|--------|--------|-------|-----|
| L | St | Hop | Dt | St(b) | Hop |
| R | Sto(f) | Dt | St(b) | Hop | Dt |
| | &1 @&@ | @2 @&@ | @3 @&@ | @4 | |

Repeat the above Opposite footwork but ending Irish triple with a RS for a left foot lead

- (4) 2 Canadian Basics
- | | | | | |
|---|-------|-----------|--------|-----------|
| L | Ds | Hop(1/4L) | Dt | T Tch |
| R | Dt | T Tch | Ds | Hop(1/4L) |
| | &1@&@ | 2 | &3 @&@ | 4 |
- (4) 1 Fancy Double
- | | | | |
|---|-------|----|----|
| L | Ds | R | R |
| R | Ds | St | St |
| | &1 &2 | &3 | &4 |

Repeat all the above same footwork to face front

- (4) 1 Triple Stamp fwd
- | | | | |
|---|-------|-----|----|
| L | Ds | Ds | H |
| R | Ds | Sta | |
| | &1 &2 | &2 | &4 |
- (4) 1 Triple Toe back
- | | | | |
|---|--------|-----|----------|
| L | Ds | Hop | Hop |
| R | Ds | Dt | T tch(b) |
| | &1&2&@ | 3 @ | &4 |
- (4) 2 Canadian Basics (1/4L each)
- (4) 1 Fancy Double

Repeat all the above same footwork to face front

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(8) 1 Canadian Vine (3/4R) L Ds Ds Ds Ds(xf) Hop
R Ds(xf) Ds(xb) Ds Dt T Tch
&1&2 &3 &4 &5 &6 &7 @& @8

(4) 2 Canadian Basic (1/4R each)

(4) 1 Triple (1/4R)

Repeat all the above same footwork to face front.

Abbreviations Used:

H	Heel	xf	Cross in front
St	Step	xb	Cross in back
R	Rock	os	out to side
T	Toe	b	back/behind
Tch	Touch	ux	uncross
Dt	Double Toe		
Ds	Double toe step		
Sta	Stamp		
(w)	take weight		
sto	Stomp		