

If You're Going Through Hell

Rodney Atkins

Easy Intermediate – Country

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Wait 24 counts

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- Intro:** (16) 2 Brush Over Vine ds-br(xif) hc-ds(xif)-r s-ds(ots)-ds(xib)-ds(ots)r s
Second one on opposite foot L R L R L R L R L R L R L R
 &1 & 2 &3 & 4 &5 &6 &7 & 8
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- A:** (8) 1 Brenda Basic ds-ht(f) hc-tt(b) hc-dt up/hc-tt(xif) hc-stamp up/hc-ds- r s
 L R H R L R R/L R L R R/L R L R
 &1 & 2 & 3 &a 4 & 5 & 6 &7 & 8
- (4) 1 Western Brush ds-s(xib)ds-brush slide (turn ½ left on brush)
 ½ left L R L R L
 &1 2 &3 & 4
- (4) 1 Push off ds-touch push-touch push- touch push (move right)
- (4) 2 Kentucky Drag ds-drag s(xif)
 L L R
 &1 & 2
- (4) 2 Rock Steps ds-r(xib) s-ds-r(xib) s
- (4) 4 Double Steps ds(xib)-ds(xib)-ds(xib)-ds(xib) (*backing up*)
 (Crazy Leg style)
- (4) 2 Boogie ds-brush heel(fwd) up/hc
 L R R/L
 &1 & 2

Repeat above seven steps – same foot lead – end facing front

- B:** (8) 2 Cross Over Rock ds-dt(xif) hc-dt(ots) hc-r s ds-dt(xif) hc-dt(ots) hc-r s
 L R L R L R L R L R L R L R L R
 &1 &a 2 &a 3 & 4 &1 &a 2 &a 3 & 4
- (4) 1 Clogover StepBack ds-ds(xif)-ds(ots)-pivot (½ right) s
 ½ right L R L L R
 &1 &2 &3 & 4
- (4) 1 Fancy Double ds-ds-rs-rs
- (8) 1 Triple Crazy Chug ds-ds-ds-chug slide-r s-ds-r s-chug slide
 L R L R L R L R L R L R
 &1 &2 &3 & 4 & 5 &6 & 7 & 8
- (4) 1 Clogover Step Back ds-ds(xif)-ds(ots)-pivot (½ right) s
 ½ right L R L L R
 &1 &2 &3 & 4
- (4) 1 Fancy Double ds-ds-rs-rs

Repeat: A

- B2:** (8) 2 Cross Over Rock ds-dt(xif) hc-dt(ots) hc-r s ds-dt(xif) hc-dt(ots) hc-r s
 L R L R L R L R L R L R L R L R
 &1 &a 2 &a 3 & 4 &1 &a 2 &a 3 & 4
- (4) 1 Clogover StepBack ds-ds(xif)-ds(ots)-pivot (½ right) s
 ½ right L R L L R
 &1 &2 &3 & 4
- (4) 1 Fancy Double ds-ds-rs-rs
- (8) 1 Triple Crazy Chug ds-ds-ds-chug slide-r s-ds-r s-chug slide
 L R L R L R L R L R L R
 &1 &2 &3 & 4 & 5 &6 & 7 & 8
- (4) 1 Triple Drag ds-ds-ds-drag step
 L R L L R
 &1 &2 &3 & 4
- (4) 1 Fancy Double ds-ds-rs-rs

Repeat above six steps – same foot lead – end facing front

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- C:**
- (4) 1 Clog Over ds-ds(xif)ds-(ots)-ds(xib)
L R L R
&a &2 &3 &4
 - (4) 1 Rocking Chair/
Brush & Turn ds-br up/hc(1/2 left)-ds-r s
L R R/L R L R
&1 & 2 &3 & 4
 - (8) 2 Charleston Touch-
Back ds-tt(f) hc-toe heel-r s
L R L R R L R
&1 & 2 & 3 & 4

Repeat above three steps – same foot lead – end facing front

Repeat: B2

Ending:

- (8) 1 Triple Crazy Chug ds-ds-ds-chug slide-r s-ds-r s-chug slide
L R L R L R L R L R L R
&1 &2 &3 & 4 & 5 &6 & 7 & 8
- (4) 1 Clogover StepBack ds-ds(xif)-ds(ots)-pivot (1/2 right) s
1/2 right L R L L R
&1 &2 &3 & 4
- (4) 1 Fancy Double ds-ds-rs-rs
- (16) 2 Brush Over Vine ds-br(xif) hc-ds(xif)-r s-ds(ots)-ds(xib)-ds(ots)r s
Second one on L R L R L R L R L R L R L
opposite foot &1 & 2 &3 & 4 &5 &6 &7 & 8
- (4) 1 Clogover StepBack ds-ds(xif)-ds(ots)-pivot (1/2 right) s
1/2 right L R L L R
&1 &2 &3 & 4
- (4) 1 Fancy Double ds-ds-rs-rs
- (1) 1 Step step out to the side

End facing front

If You're Going Through Hell

Intermediate – Country – Moderate Tempo

Music By: Rodney Atkins; CD "If You're Going Through Hell"

Choreo By: Missy Shinoski, CCI, Kansas City, MO; 816-358-5283; E-Mail: kloghop@sbcglobal.net

Wait 8 Beats

Sequence: A B B *C B B C C A C C **C A & Step

(Note: *C = Chain 360 L & R to end facing front; **C = 8 beats, Only do Dbl Out Bounce & 2 Basics)

Part A: 32 Beats

MJ Run DS DS(B) RS (pause) S RS RS DS RS (diagonally R)
L R LR LRLRLR LR
&1 &2 &3 & 4 &5 &6 &7 &8

Football DS K/HRS K/H RS DS RS K/H (1/2 L)
L RLRLRLRLR LR LR
&1 &2 &3 &4 &5 &6 &7 &8

Repeat To Face Front

Part B: 32 Beats

Rooster Tail DS DS(XIF) S(O) S(B) S(O) S(XIF) DS BR/SL DS(XIF) T/SL (Moving L)
L R L R L R L R L R L R LR
&1 &2 & 3 & 4 &5 & 6 &7 &8

Black Mt. & 2 Pot Hole Basics DS H H (pause) T(B) S/H SL(3/4L) D/H-OUT H-IN DROP-H D/H-OUT H-IN DROP-H
L RR R RL R L Both Both L R Both Both R
&1 &2 & 3 & 4 & 1 & 2 & 3 & 4

Joel's Lasso DS DS DS BR/SL RS BR/SL RS RS (forward)
L R L R L RL R L RLRL
&1 &2 &3 & 4 &5 & 6 &7 &8

Macnamara Spin H/S(O) S(B) S(O) H/S(O) S(B) S(O) H-SPIN(1/2L) S DS RS (1/4L)
RR L R LL R L R LR LR

Part C: 32 Beats

Ida Red D(B) BR/SL DS S/SL DS RS DS BR/SL
L L R L RR L RL R L R
&1 & 2 &3 &4 &5 &6 &7 & 8

3-2-1 DS DS(XIF) DS D(U) D(U) DS RS BR/SL (moving forward)
L R L R R R LRL R
&1 &2 &3 &4 &5 &6 &7 & 8

Dbl Out Bounce & 2 Basics DS D(O)(pause) BO(L-XIF) H(O)/S SL DS RS DS RS
L R Both L R R L RL R LR
&1 &2 & 3 & 4 &1 &2 &3 &4

2 Chains DS RS RS RS (360L) DS RS RS RS (1/2R)
L RLRLRL R LRLRLR
&1 &2 &3 &4 &1 &2 &3 &4