

LONELY NO MORE

Rob Thomas

Intermediate Plus/Advanced Minus
 Music- CD Title: Grammy 2006 Nominees
 Number: 28767-42772

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Wait 8 Beats - Left Foot Lead

INTRO: (32 Beats)

(16)	2	Rouge Vines	L DS	Rk	St	Rk	DS					
			R	DS(b)	St(f)	Sl(s)	DS(b)	St(f)	RS			
			&1	&2	&	3	&	4	&5	&	6	&7 &8

PART A: (32 Beats)

(8)	1	Breezy Vine (1/2L)	L DS	HS	TB(b)	TB(b)	TB(b)	HS	HB			
	2-		R	TB(b)	B(o)	B(o)	B(o)	HB	DB	HS		
			&1	e&	a2	&	a3	&	a4	&	a5	e& a6 e&a 7e &8
(8)	1	Get A Wing	L	St	HS	HS	Dr	(p)	Sw(f)	Rk		
			R Dr	TB	TB	Sk	SpB(xf)	(p)	Sw(b)	St		
			&	1	e&	a2	e	&	a4	&	5	&
			L St	St								
			R	DB	St							
			&	a7e	&	8						

BRIDGE: (4 Beats)

(4) 4 Steps (p) St - Full Turn Left

PART B: (32 Beats)

(8)	1	Weymouth	L DS	Hop	Hop	DB	TB(b)	DB(f)				
	2-		R	Dbl	Dbl	TB	DB(f)	DB	TB(b)			
			&1	c&	a	2e	&	a3	e&a	4c&	a5	e&a 6e& a7
			L Dbl	Tch								
			R	Hop								
			e&	a	8							
(8)	1	Southern Pony	L Dbl(b)	Bc(b)	Hop	Bc(b)	Hop	Hop	Bc(f)	Hop	Sk	
			R	Bc(f)	Lft(s)	Bc(f)	Dbl	Dbl	Bc(b)	Lft(s)	St	Hop
			&a	1	&	2	&a	3e	&	4	&	a 5
			L St	Hop	B	Sta						
			R	Sk	B	St	Sl					
			&	a	6	&	7	&	a	8		

REPEAT INTRO - A - B - INTRO

PART C: (32 Beats)

(8)	1	Hopscotch	L DS	Dbl	St	Brk (p)	DS	Sl	Sl	H		
	2-		R	DS	Sl	Dbl(xf)	Brk (p)	Sl		B	Sl	
			&1	&2	&	3e	&a	4	&	5	&6	& 7 & 8
(4)	1	Triple Kick Turn	DS-DS-DS-Kick	Pivot (1/2L)								
(4)	1	Triple Back	DS-DS-DS-RS									

REPEAT B - INTRO - INTRO - C

Abbreviations

- | | | | | |
|------------------|------------------|-----------------|---------------|--------------------|
| B - Ball | DS - Double Step | Rk - Rock | Sl - Step | (b) - Behind |
| Bc - Bounce | Dbl - Double | RS - Rock Step | Sta - Stamp | (f) - Front |
| Brk - Break | HB - Heel Ball | Sk - Skuff | Sw - Switch | (o) - Out |
| DB - Double Ball | HS - Heel Step | Sl - Slide | TB - Toc Ball | (p) - Pause |
| Dr - Drag | Lft - Lift | SpB - Slap Ball | Tch - Touch | (s) - Side |
| | | | | (xf) - Cross Front |